

Meet Sam!

Sam Hieb enjoys spending time with her family and friends; being outdoors; gardening; riding horses; traveling; continuously learning, and cheering on the Huskers! GO BIG RED! She works for the Mitchell School District as a Behavior Specialist.

Sam is inspired by the mission of Helping with Horsepower and the opportunities to help empower others to build new skills and reach their goals. She has been apart of the Helping with Horsepower herd since 2019 and was previously an HwH instructor. "Horses have always been a part of my life. I love their intuitive nature. When a rider might not be able to verbalize how they are feeling, horses are able to reflect their emotions, allowing us to process them together" Sam Hieb.